










































































Lunch Menu

WEEK ONE 14th April, 5th May, 26th May, 16th June, 7th July, 28th July, 8th Sept, 29th Sept, 20th Oct

Spring Summer

	Green Earth Monday	Tuesday	Wednesday	Thursday	Friday
STAR DISH	Spring Harvest Quesadilla with Cheese, Potato, Spring Onion and Tomato Salsa (V)  	Marinated Chicken Drumstick with Rice or Wedges    Chicken Wings with Rice or Wedges	Roast Chicken with Gravy & Roasties   Grilled Chicken Sausages, with Gravy & Roasties or with Mash (H) 	Chill Chilli BBQ Beef & Bean Ragu with Penne    	Sustainably Sourced Battered Fish & Chips 
MEAT FREE	Crispy Onion Mac & Cheese (V)  	Oven – Baked Onion Bhaji Burger & Wedges    	Roast Quorn with Gravy & Roasties 	Roasted Coriander Sweet Potato & Chickpea with Tomato & Coconut Dhal with Steamed Mixed Rice (Ve)    	Cheese & Tomato Pizza   & Wedges/Chips
CRAB & CO.	Vegan Sausage Roll (Ve) 	Piri Chicken Wrap with Rice or Wedges    	Pizza Panini    	Loaded Wedges with BBQ Pork, Beans & Roasted Sweetcorn     	Pepperoni Pizza   & Wedges/Chips
POT 'N' TASTY	Tomato & Basil Pasta 	Chicken Tenders with Rice or Wedges    	Chilli Chicken Pasta    	Sweet & Sour Chicken & Rice  	Pasta Arrabbiata 
SIDES	Broccoli, Baked Beans     , Mixed Salad, Crisp Garlic Bread	Extras Corn On the Cob 55p, Garlic Bread 55p or BBQ Beans 55p	Country Mixed Vegetables, Baked Beans     , Mixed Salad	Baked Beans     , Garden Salad, Sri Lankan Vegetable Salad, Wedges	Peas, Baked Beans     , Mixed Salad
TODAY'S DESSERTS	Marble Cake	Iced Sponge	Ginger Cake & Custard 	Giant Chocolate Cookie	Apple Crumble & Custard  

Slow-Release Energy Foods		For a Healthy Gut		Brain Boost		Contains Calcium		Contains Iron		Contains Protein	
---------------------------	-------------------------------------------------------------------------------------	-------------------	-------------------------------------------------------------------------------------	-------------	-------------------------------------------------------------------------------------	------------------	-------------------------------------------------------------------------------------	---------------	-------------------------------------------------------------------------------------	------------------	---------------------------------------------------------------------------------------

V - Vegetarian VE - Vegan

Lunch Menu

WEEK TWO 21st April, 12th May, 2nd June, 23rd June, 14th July, 25th Aug, 15th Sept, 6th Oct, 27th Oct

Spring Summer

STAR
DISH




























































MEAT
FREE

GRAB
& GO

PET 'N'
TASTY

SIDES

TODAY'S
DESSERTS

Green Earth Monday	Tuesday	Wednesday	Thursday	Friday
Cheese & Tomato 'Pizza' Macaroni Cheese (V)  	Marinated Chicken Drumstick with Wedges or Rice     2 Chicken Wings with Rice or Wedges	Roast Gammon Crispy Roasties & Pan Gravy  	Beef Kashmir Curry & Rice  	Sustainably Sourced Battered Fish & Chips Oven Baked Chicken Nuggets & Chips 
Buffalo Cauliflower & Mixed Bean Burrito   	Vegetable Burger with Wedges  	Roasted Sweet Potato & Cheese Tart with Roast Potatoes  	Cheesy Meatballs with Arrabbiata Sauce & Penne Pasta   	Cheese & Tomato Pizza & Wedges/Chips  
Vegetable Chilli & Rice  	Chicken Tikka Wrap with Wedges or Rice	Tomato & Basil Pasta 	Sticky Honey Hotdog & Onions 	Pepperoni Pizza & Wedges/Chips  
Tomato & Basil Pasta   	Chicken Tenders with Wedges or Rice 	Chicken Jalfrezi & Steamed Rice   	Quorn meatballs with arrabbiata Sauce & Penne pasta   	Beef Bolognese Pasta Pot     Jacket Potato with Salmon Mayonnaise  
Broccoli, Baked Beans    , Mixed Salad, Crisp Garlic Bread	Extras Corn On the Cob 55p, Garlic Bread 55p or BBQ Beans 55p	Seasonal Mixed Vegetables, Baked Beans    , Mixed Salad	Baked Beans    , Asian Slaw, Garlic Green Beans, Garden Salad	Peas, Baked Beans    , Mixed Salad
Lemon & Blueberry Slice with Custard 	Flapjack	Iced Vanilla Sponge with Custard 	Jam Sponge or Cornflake Cake	Giant Chocolate Cookie

Slow-Release
Energy Foods



For a
Healthy Gut



Brain
Boost



Contains
Calcium



Contains
Iron



Contains
Protein



V - Vegetarian VE - Vegan

Lunch Menu

WEEK THREE 28th April, 19th May, 9th June, 30th June, 21st July, 1st Sept, 22nd Sept, 13th Oct, 3rd Nov

Spring Summer

STAR
DISH











MEAT
FREE

GRAB
& GO

PET 'N'
TASTY

SIDES

TODAY'S
DESSERTS

Green Earth Monday	Tuesday	Wednesday	Thursday	Friday
Roasted Cauliflower Cheese Tart with Homebaked Potato Wedges  	Beak Street Chicken with Savoury Rice & BBQ Glaze  Chicken Wings with Rice or Wedges	Greek Style Layered Beef & Pasta Bake    Roast Chicken with Gravy & Roast Potatoes 	Butter Chicken & Chickpea Curry with Rice    	Sustainably Sourced Battered Fish & Chips Oven Baked Chicken Goujons & Chips 
Vegetable Bolognese Pasta with Garlic Bread Slice   	Dirty Quorn Burger with Wedges or Rice   	Greek Style Vegetable Pastitsio (Layered Pasta Bake)  	Roasted Cauliflower & Sweet Potato "Butter" Curry with Rice (V)   	Cheese & Tomato Pizza & Wedges/Chips  
Cheese & Tomato Pizza  	Chicken Fajita Wrap with Rice or wedges  	Halal Chicken Sausage Roll 	BBQ Veggie Melt (V)	Pepperoni Pizza & Wedges/Chips  
Vegetable Tikka Masala with Mixed Rice   	Chicken tenders with Rice or Wedges 	Oriental Chicken & Rice    	Tomato & Basil Pasta Pot (Ve) 	Beef Bolognese Pasta Pot    
Broccoli, Baked Beans    , Mixed Salad, Crisp Garlic Bread	Extras Corn On the Cob 55p, Garlic Bread 55p or BBQ Beans 55p   	Italian Garden Salad, Country Mixed Vegetables	Baked Beans    , Steamed Broccoli	Peas, Baked Beans    , Mixed Salad
Jam Sponge	Marble Chocolate Sponge with Custard 	Lemon Drizzle Cake	Iced Orange & Ginger Traybake with Custard 	Giant Vanilla Cookie

Slow-Release
Energy Foods



For a
Healthy Gut



Brain
Boost



Contains
Calcium



Contains
Iron



Contains
Protein



V - Vegetarian VE - Vegan